Health and Hygiene

Covid Vaccination

Eye check-up

Aids Awareness Camp

Thalassemia Awareness Camp

Physical Fitness

Yoga Day Celebrations & Yoga Practices

Awareness program on Sanitary Napkin for girl students

Blood Donation camps

Session wise list of Life Skill Events 2018-2019

Sl. No.	Date of the Event	Name of Event
1	14.01.2019	Annual Sports
2	27.03.2019	Yoga Day Celebration
3	29.03.2019	Blood Donation Camp
4	30.03.2019	Village Cleaning Program
5	30.03.2019	Aids Awareness Program

2019-2020

Sl. No.	Date of the Event	Name of Event
1	10.01.2020	Dengue Awareness Program
2	16.01.2020	Annual Sports
3	11.02.2020	De-Plasticization Campaign

2020-2021

SI. No.	Date of the Event	Name of Event
1	21.06.2021	International Yoga Day
2	11.06.2021	Webinar on Prevention of Covid 19 Pandemic in Social Life
3	12.06.2021	Webinar on Mental Support of College Students in Covid 19 Pandemic Crisis

2021-2022

SI. No.	Date of the Event	Name of Event
1	21.07.2021	Online Sports & Webinar on Sports
2	04.09.2021	Freedom Run on Azadi Ka Amrit Mahotsav
3	30.09.2021	Vaccination Campaign against Covid-19
4	16.11.2021	Awareness on Covid 19 Guidelines
5	26.11.2021	Covid Awareness program for students

6	30.11.2021	Covid Awareness & Distribution of Mask & Sanitizers in Tehatta Village
7	10.12.2021	A Program to promote Covid Awareness
8	04.03.2022	Annual Sports 2022
9	01.04.2022	World Health Day Celebration
10	21.06.2022	International Yoga Day Celebration 2022

2022-2023

Sl. No.	Date of the Event	Name of Event
	07.04.2022	Webinar on awareness & knowledge with autism
		spectrum disorder among college students
2	13.08.2022	Blood Donation Camp
3	02.09.2022	Red Ribbon Club Aids Awareness Program
4	21.10.2022	Cleaning of College Courtyard
5	14.12.2022	Women's Safety & Self Defence
6	15.12.2022	Eye Check-up Camp
7	16.12.2022	Dengue Awareness Program
8	17.12.2022	Village Cleaning Program
9	12.01.2023	Awareness Program for Girl Students
10	03.02.2023	Annual Sports 2023
	22.03.2023	Pond Cleaning under Conservation & Monitoring of
		Pond Bio-diversity
12	24.03.2023	Thalassemia Awareness Program
13	21.06.2023	International Yoga Day & Practice of Yoga



Session 2018-2019

Annual Sports of this college held on 14.01.2019 by the sports committee of the college. Many sports events were arranged for both male & female, staff & students.











Notice

All teaching and non-teaching staff of Tehatta Sadananda Mahavidyalaya are requested to be present at our college ground on 14th January, 2019 for the occasion of Annual Sports at 10 A.M.



Arunima Gin. Hu Toyalas

Convenors **Sports Committee**

Sports programme schedule

- Flag Hoisting at 11.A.M.
- Torch Race.
- Oath taking ceremony.
- March past by students.
- 100 meter run for boys.
- 100 meter for girls.
- Marble race for girls.
- 200 meter for boys
- 200 meter for girls
- Slow cycle for boys. 400 meter for boys
- 400 meter for girls
- Musical chair for girls.
- Musical for all teaching and non teaching staff.
- Long jump for boys.
- Long jump for girls.
- Hāribhāngā for all teaching and non teaching staff.
- Prize and Certificate distribution ceremony.



Yoga Day Celebration & Practice of Yoga 27.03.2019

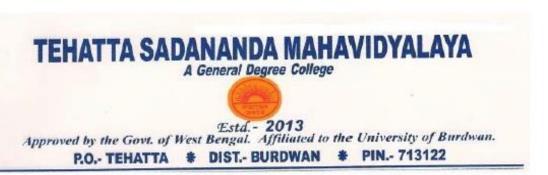


Yoga and Fitness in Daily Life Chief Patron Dr. Pritam Das Teacher-in-Charge Tehatta Sadananda Mahavidyalaya ORGANISED BY National Service Scheme (NSS Unit-1) Tehatta Sadananda Mahavidyalaya





Tehatta Sadananda Mahavidyalaya took a great initiative of organizing a Blood Donation Camp on **29 march 2019**, Friday on the college campus by the NSS unit of T.S.M. college. The blood donation programme was held from 10.30 a.m. All the students along with professors took part in this programme. A group of doctors and nurses were present on that day to conduct the camp. Villagers participated in the programme and gave their blood for society. Almost 33 packet blood were collected on that day. Tiffin and launch were organized for doners.



Ref.no-TSM/NSS/Ext/Acti-06

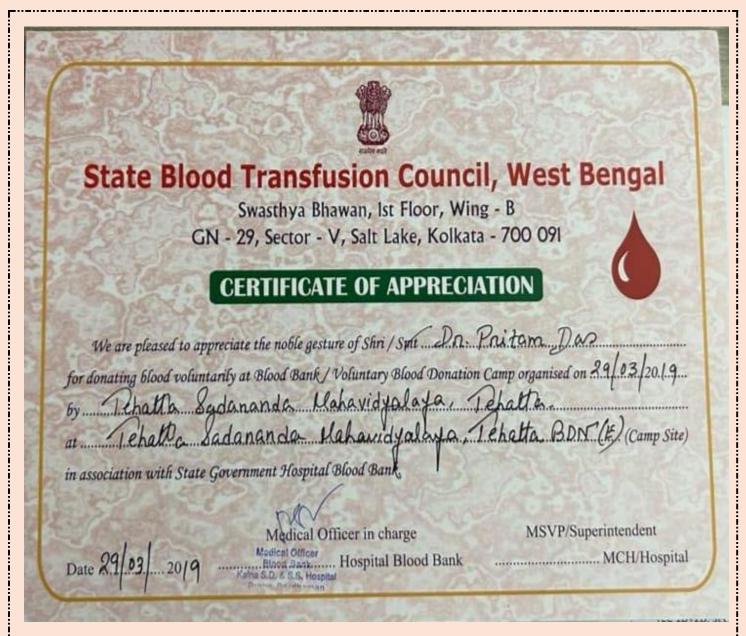
Date:26.03.201

Notice

It is hereby notified that "Blood Donation Camp" will be held on 29.03.2019 at 10:30 a.m. onwards in college campus. All the students and their guardian, villagers, teachers and non-teaching staff are here by requested to participate in this programme on that day.

Dr. Banibrata Goswami
Programme officer of NSS Unit-1
Tehatta Sadananda Mahavidyalaya

Dr. Pritam Das Teacher-In Charge Tehatta Sadananda Mahavidyalaya



This was the certificate of appreciation to a blood donor.







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Village Cleaning Program by the NSS Unit of this college on 30.09.2018 NSS Volunteers participated in a cleaning campaign in the adopted village









Aids Related Awareness Program 30.03.2019. The Honourable speakers of the program were 1. Mr. Anindya Mandal, Assist. Prof. and HOD of Mathematics, Tehatta Sadananda Mahavidyalaya and 2. Dr Pritam Das, T.I.C and Assistant Professor in Education.



AIDS Related Awareness



Programme

in adopted village the

Date: -30.03.2019 TIME: -11:00 Chief Patron
Dr. Pritam Das
Teacher-in-Charge
Tehatta Sadananda Mahavidyalaya

Organised By

NATIONAL SERVICE SCHEME (NSS UNIT-1)/ TEHATTA SADANANDA MAHAVIDYALAYA



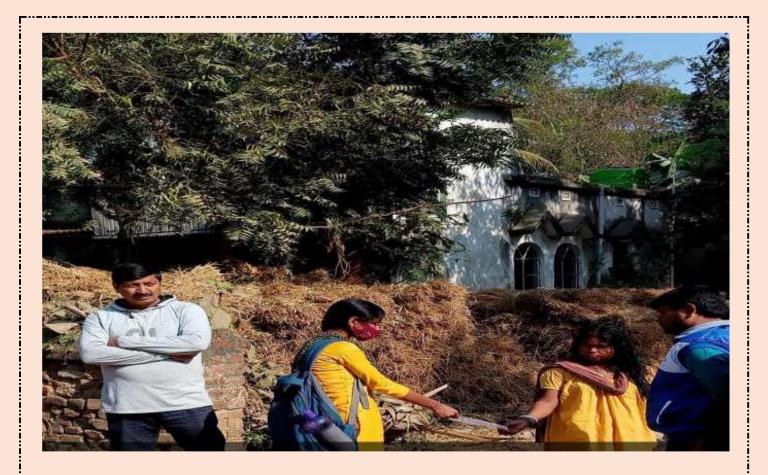


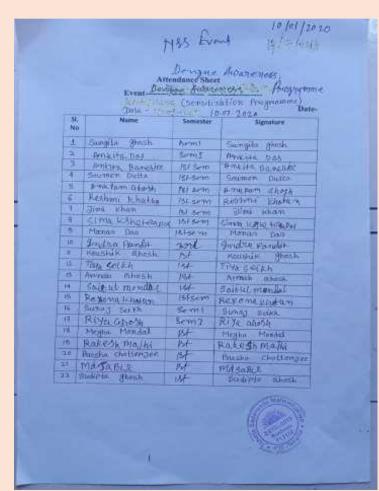


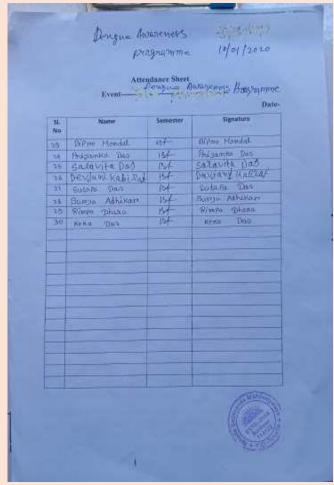
Session 2019-2020

Dengue prevention camp was held at Tehatta village on 10th January 2020. Several awareness activities such as poster making, lift let were distributed among villagers. A huge number of villagers also came and attended the activities The students, teachers and staff of the college participated in this awareness campaign. A procession of students with placards in hands circle the adopted village. After returning from village Anindya Mandal Assist. Prof. in Mathematics deliver a lecture on the dengue prevention policy in rural area. All the students listened his words and knew how to avoid from dengue disease.









The Annual Sports competitions were organised on 16TH OF JANUARY, 2020 AT 10:30 AM. Total 10 Sports Competitions were held on the day, 09 of them were arranged for students and rest of the competitions were held for staff. The proceedings began with flag hoisting at the courtyard. Torch race and oath taking ceremony taken place followed by march past by students and staff as well. Sports events taken place one by one for students and staff. The winners of all events were awarded and certified too. These are some photographs of the event

TEHATTA SADANANDA HAHAVIDYALAYA Notice

All teaching and non-teaching staff of Tehatta Sadananda Mahavidyalaya are requested to be present at our college ground on 16th January, 2020 for the occasion of Annual Sports at 10.**3**0 A.M.

Counter Signature

Teacher-in-Charge natta Sadananda Mahavidyalaya F.O.: Tahatta, Burdwan-713122 Abu Toyolosk Conveners

Sports Committe

























De-plasticization Campaign by the Volunteers of NSS Unit (11.02.2020)

Thole bags were distributed amongst villagers to promote it use rather than plastic and polymer. Villagers also promised to use homemade bag for daily marketing to decrease of plastic use. They eagerly support us.

Students acquired a brief knowledge the harmful use of plastic.





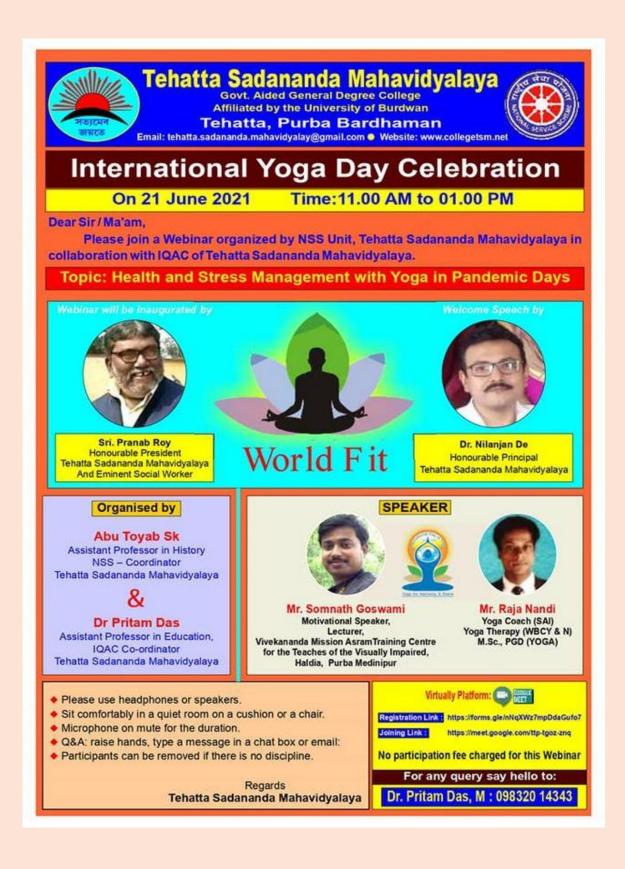


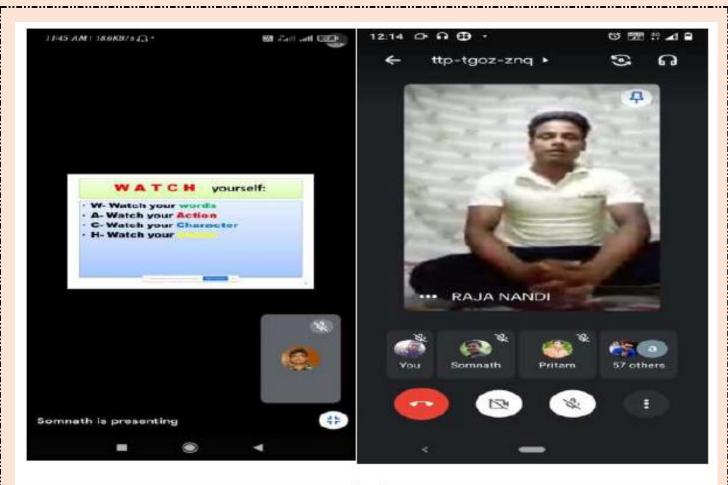


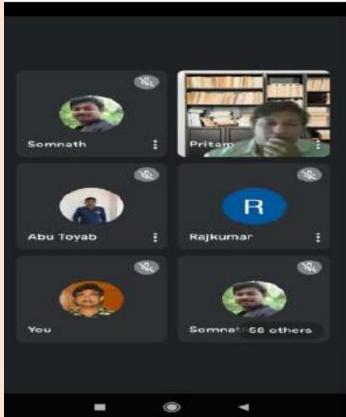


Session 2020-2021

A Webinar was organised on The Importance of Yoga in daily life on 21.06.2021. The main speakers of the program were Mr Somnath Goswami, Lecturer at Vivekananda Mission Ashram training Centre, Haldia, Purba Medinipur and Mr Raja Nandi, Yoga Coach (SAI). Students of our college also performed yoga asanas in home to maintain covid protocol & to stay safe.











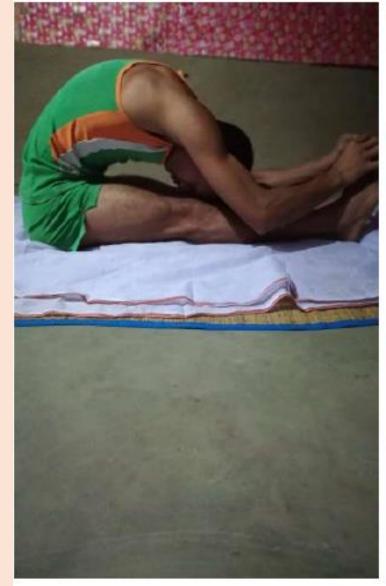






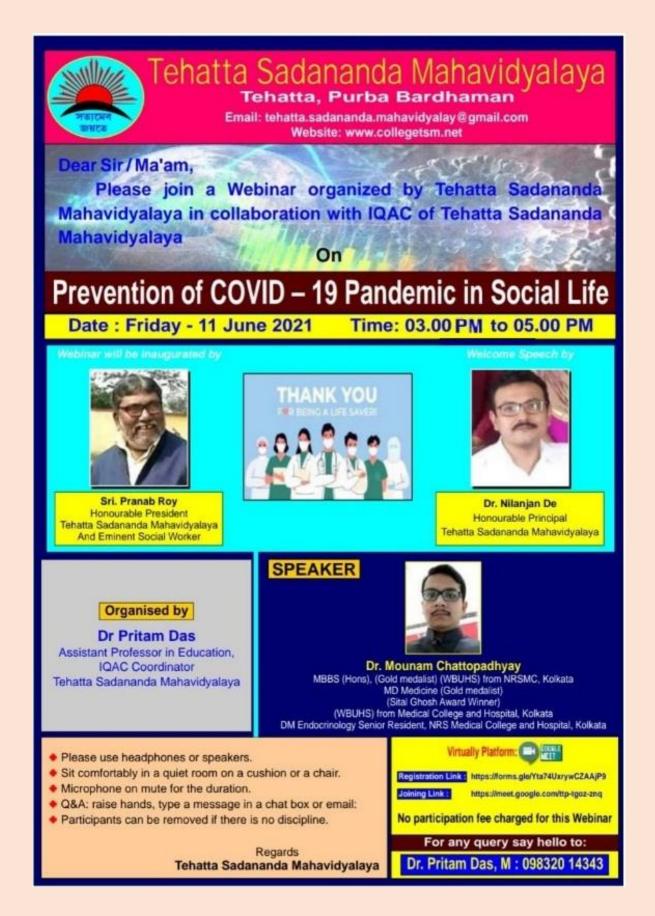


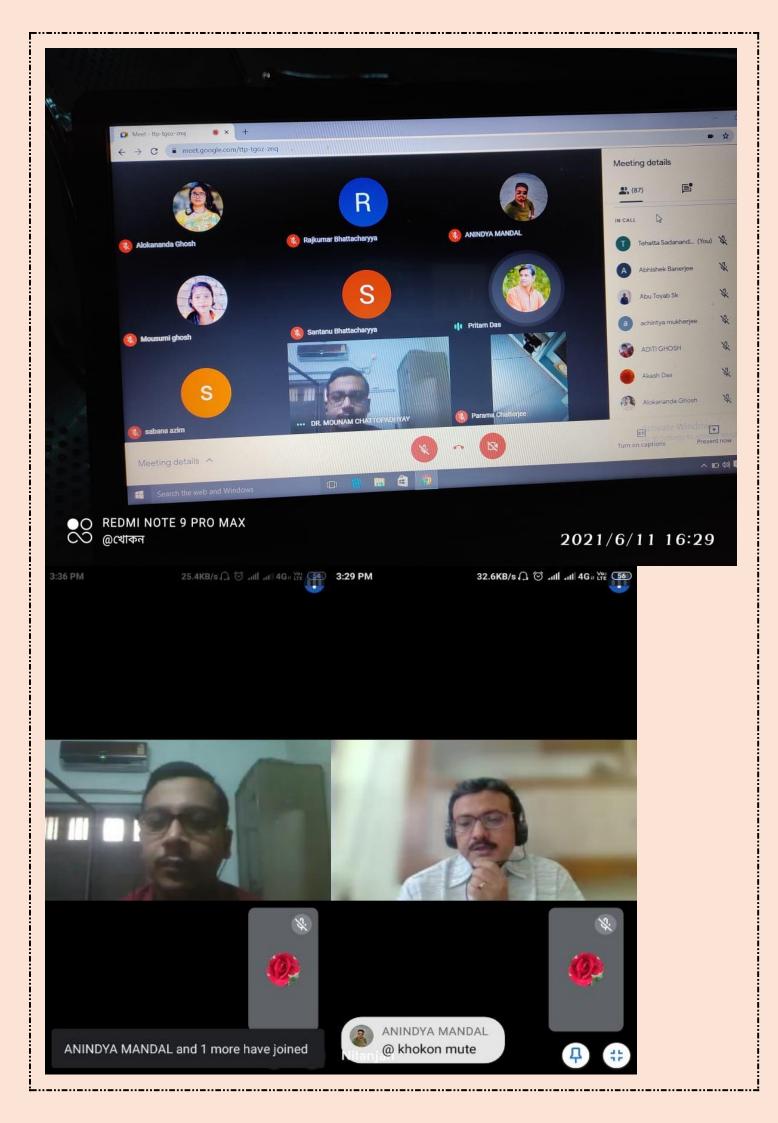






A webinar was arranged for students, parents & staff about **Prevention of COVID**19 Pandemic in social life. The Main speaker of the program was **Dr Mounam**Chattopadhyay, MD Medicine. The date of the webinar was 11th June, 2021.





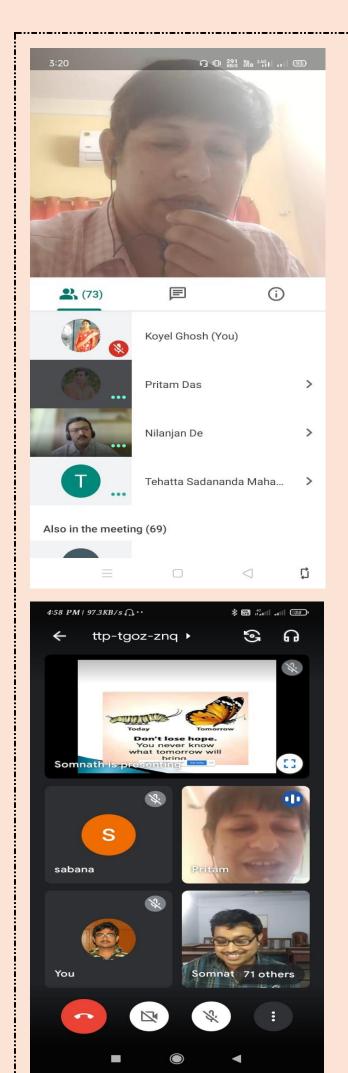
A webinar was also organised for students, parents & staff about Mental Support of College students in COVID 19 Pandemic Crisis. The Main speakers of the program were Mr Somnath Goswami, Lecturer at Vivekananda Mission Ashram training Centre, Haldia, Purba Medinipur and Ms. Moumita Ganguly, Psychological councillor & special educator.

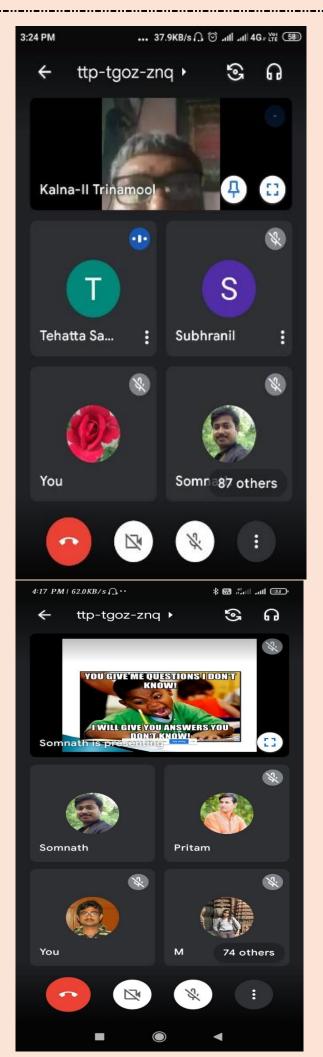


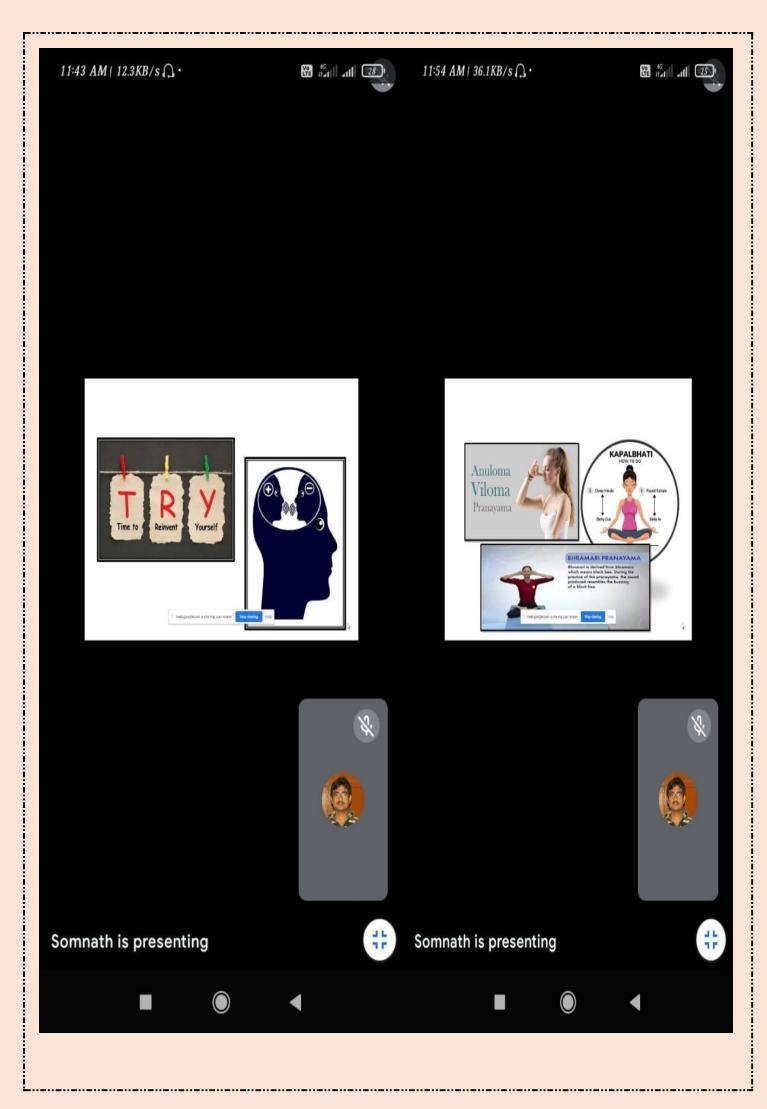
Regards

Tehatta Sadananda Mahavidyalaya

Dr. Pritam Das, M: 098320 14343







Session 2021-2022

The Corona pandemic could not stop Tehatta Sadananda Mahavidyalaya's efforts to organize sports competitions. Some indoor competitions were organized for students even in lockdown situation. Two events were organized for both male and female students. The students participated in the two events before the specified time and submitted their videos to the respective teachers. Three female students and three male students were awarded for participating in the competition. A webinar was also organised on Sports for students.



তिशोष्ठी प्रपानन्य सराविपान्य

অনলাইন স্পোর্টস কম্পিটিশন

তেহাট্রা সদানন্দ মহাবিদ্যালয়ের ক্রীড়া বিভাগের পক্ষ থেকে মহাবিদ্যালয়ের সমস্ত ছাত্র ছাত্রীদের জন্য অনলাইনে স্পোর্টস কম্পটিশনের আয়োজন করা হয়েছে। ছাত্র ও ছাত্রীদের দুটি আলাদা আলাদা ভিডিও শেয়ার করা হবে, সেই অনুযায়ী তোমরা ভিডিও তৈরী করে অরুণিমা গ্রই ম্যাডাম ও আবু তৈয়ব শেথ স্যার এর নিকট হোয়াটসঅ্যাপে জমা দেবে।

❖ যে যতক্ষণ সময় অনুযায়ী থেলাটি থেলতে পারবে সেই সময়সীয়া অনুযায়ী কিশ্পিটিশনের প্রথম, দ্বিতীয় ও তৃতীয় স্থান নির্ধারণ করা হবে।

ভিডিওগুলি জমা দেবার শেষ তারিখ ২২শে জুলাই, ২০২১।

















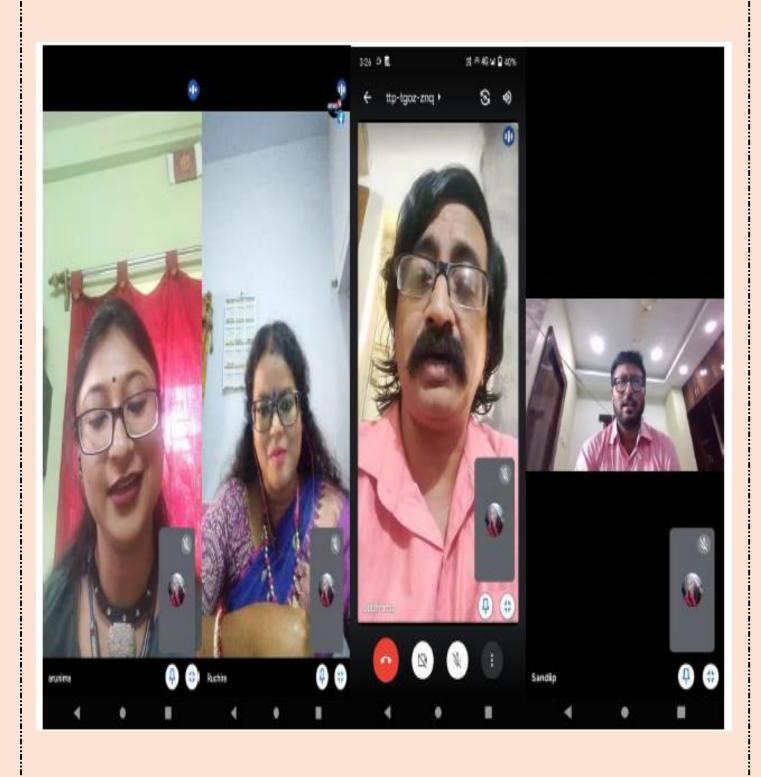
Prize Distribution



Sports Webinar was organised on 15th July, 2021. The Main speakers of the program were **Dr Shubhranshu Roy**, Assist. Prof. in History at Sonarpur Mahavidyalaya, South24Parganas & **Mr Sandip Roy**, Sports Reporter of ABP Ananda.



Screen shots of the program



Cleaning program & Fit India freedom Run was organised on Azadi ka Amrit Mahotsav on 4th September 2021.















Vaccination program against covid 19 for students was organised in the college campus on 30th September 2021.















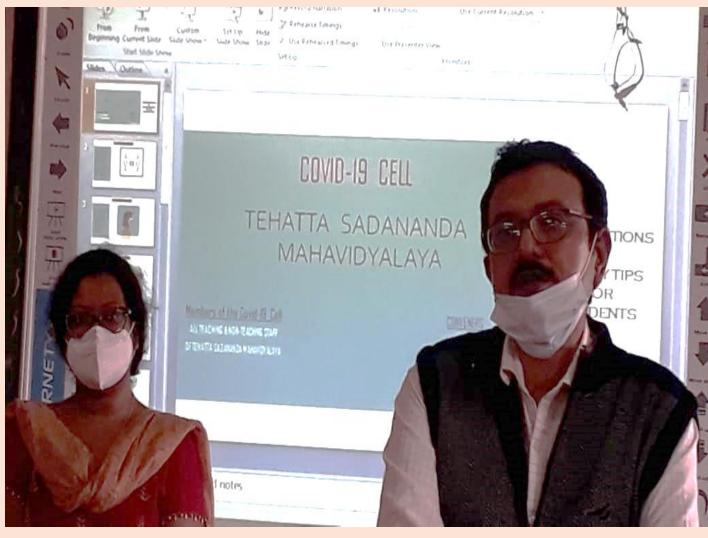


Awareness on Covid 19 Guidelines on 16.11.2021. It was the first day of reopening of our college according to the order of Government of West Bengal, so the students were advised in details to sanitize themselves. Different programs were arranged to aware students & staff. They were also sanitized before entering the college.

















As the covid pandemic was still not over, arrangements were made to organize weekly awareness camps by each department for students. In the first week, efforts were made to spread Covid awareness through exhibitions and entertaining audio drama presentations by the Department of Political Science and Philosophy. The date of the program was 26.11.2021.



Lecture Series on Exploring and Understanding the Covid-19 Pandemic

Organized by

NSS (National Service Scheme) unit in collaboration with Covid cell and Various

Department of

TEHATTA SADANANDA MAHAVIDYALAYA

Tehatta Purba Bardhhaman, PIN -713122, , W.B

Website-https://www.collegetsm.in



Sri Pranab Roy President Tehatta Sadananda Mahavidyalaya

Programme Schedule

SI no	Date	Department	Theme
1	26/11/2021	Philosophy and Political science	Covid-19 expansion and Measure issue
2	10/12/2021	Geography and Mathematics	Origin and History of the pandemic covid -19
3	17/12/2021	Education and History	New Education policy and measurement in pandemic situation
4	24/12/21	Bengali and Sanskrit	Effect of covid-19 in social life



Dr. Nilanjan De Principal Tehatta Sadananda Mahavidyalaya











Covid Awareness & Distribution of Mask & Sanitizers among villagers of Tehatta Village. The Date of the program was 30.11.2021. This program was organised by Geography department in collaboration with NSS Unit of the college.



NEVER TOO LATE TO FIGHT BACK AGAINST COVID-19

COVID awareness Campaign in the Village Tehatta November 30, 2021 Start from 11 AM (IST)





SRI. PRANAB ROY
PRESIDENT
TEHATTASADANANDA
MAHAVIDYALAYAAND
EMINENTSOCIAL WORKEI

Organized by
Department of Geography
in Collaboration
with NSS (National Service
Scheme) Unit
TEHATTA SADANANDA
MAHAVIDYALAYA

Tehatta, Purba Bardhaman, W.B. website: https://www.collegetsm.in



DR. NILANJAN DE PRINCIPAL TEHATTASADANANDA MAHAVIDYALAYA













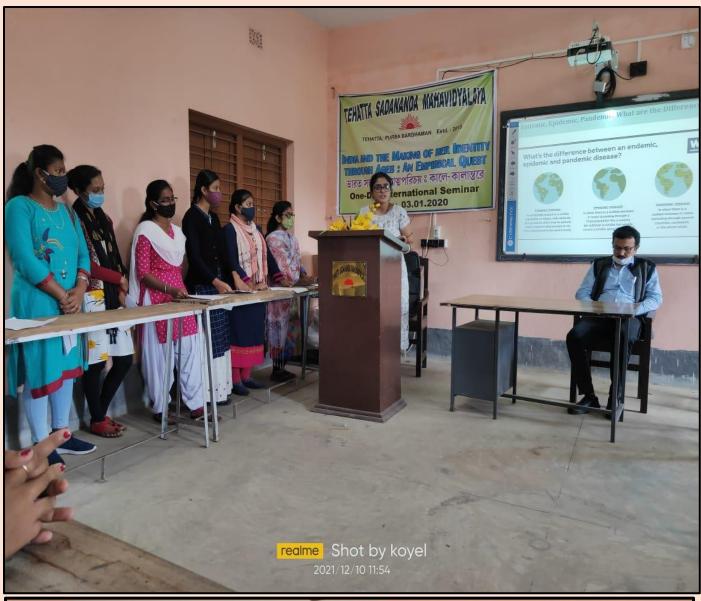


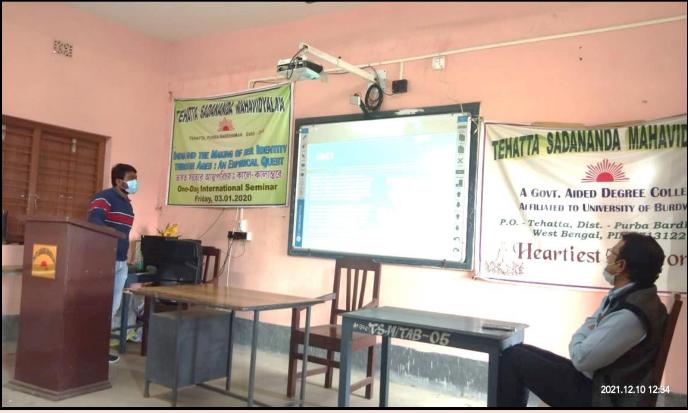


In the second week of covid 19 awareness campaign, the Geography & Mathematics Departments of the college organizes a program to give a cleare concept of covid 19 disease & awareness against it. The date of the program was 10.12.2021

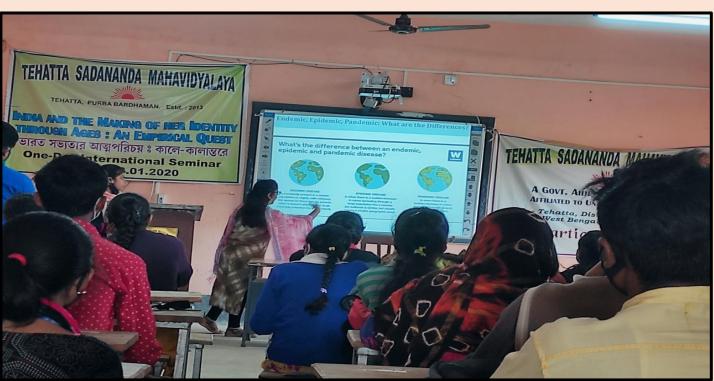












Annual sports of the college was organised on the college ground on 04.03.2022. This was the first outdoor sports event after covid 19 lockdown period. Male & female students among with staff participated in various sports events. First three position holders of each events were awarded after the prgram.



TEHATTA SADANANDA MAHAVIDYALAYA



Annual Sports 2022 Date – 04.03.2022 Place : College Ground





Sri Pranab Roy Chairperson

President

Tehatta Sadananda Mavidyalaya

And Eminent Social Worker

Programme Schedule

- 1. FLAG HOSTING AT 11A.M
- 2. TORCH RACE
- 3. OATH TAKING CEREMONY
- 4. OPENING SONG & RECITATION
- 5. SLOW CYCLE RACE FOR BOYS
- 6. MARBLE RACE FOR GIRLS
- 7. SHOT PUT THROW FOR BOYS
- 8. MUSICAL CHAIR FOR GIRLS
- 9. HARIBHANGA FOR ALL STAFFS





Dr. Nilanjan De Chief Patron Principal Tehatta Sadananda

Mahavidyalaya

Organized by : Sports Committee of Tehatta Sadananda Mahavidyalaya, Purba Bardhaman Conveners : Prof. Arunima Guin, Assistant Professor in Sanskrit Prof. Abu Toyab Seikh, Assistant Professor in History













World health day was celebrated on 01.04.2022. The main speaker of the program was Dr Arnab Mukherjee, Doctor in Tehatta Prathamik Swastha Kendra. The speaker described in details about Harmful effects of AIDS awareness needed to prevent it. A quiz & a debate competition was organised on health day for students.

TEHATTA SADANANDA MAHAVIDYALAYA

Tehatta ,Purba Bardhaman

WORLD HEALTH DAY CELEBRATION

Honourble Speaker

Dr. Arnab Mukherjee

(Doctor, Tehatta Prathamik Sastho Kendro)

- Quize For Students
- Debate

Organized by

NSS (National Service Scheme) Unit

Date: 01/04/2022 Time: 11.00 A.M









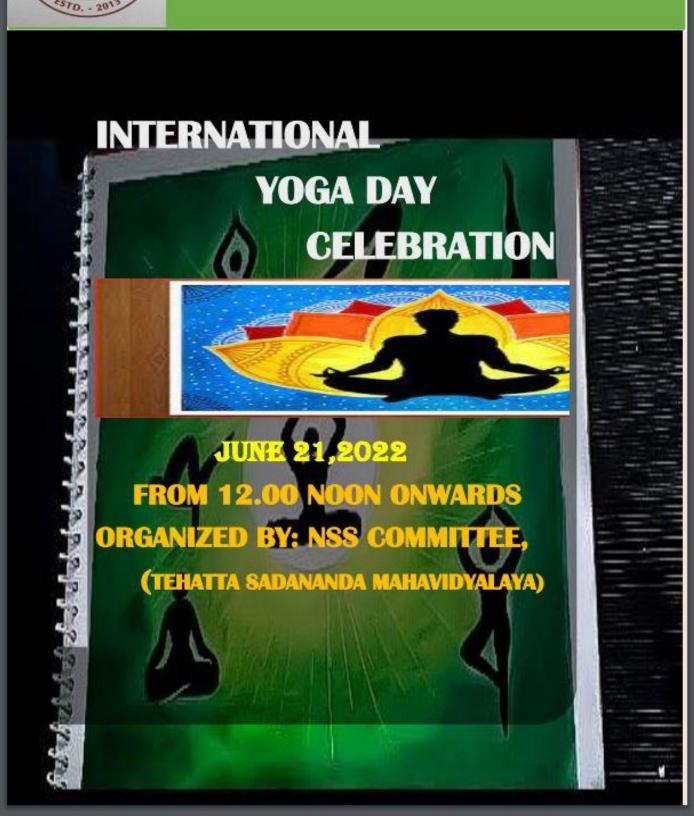




International Day of Yoga 2022 was celebated on 21.06.2022. Yoga coach Shri Amit Nandi was the chief guest of the program. He practiced yoga among the students and staff present and imparted various information about yoga.



TEHATTA SADANANDA MAHAVIDYALAYA
TEHATTA, PURBA BARDHAMAN







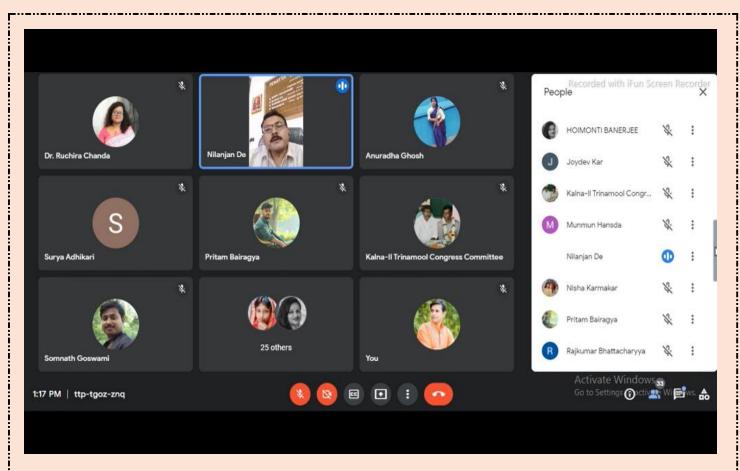


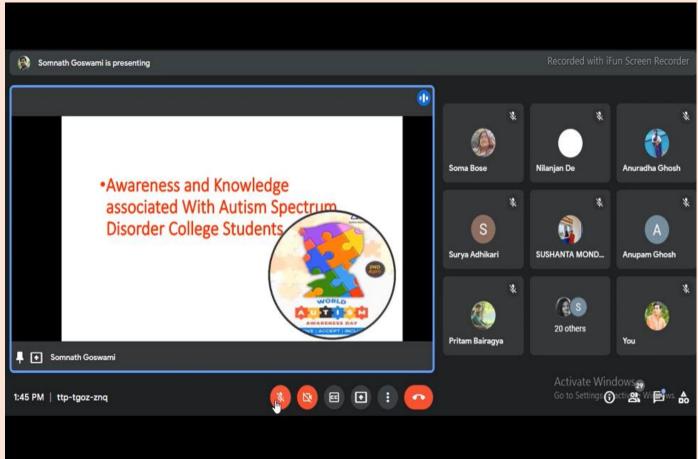


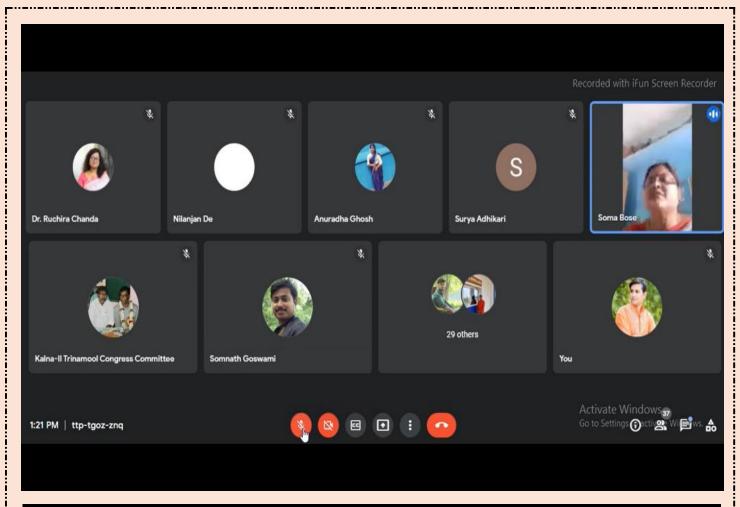
Session 2022-2023

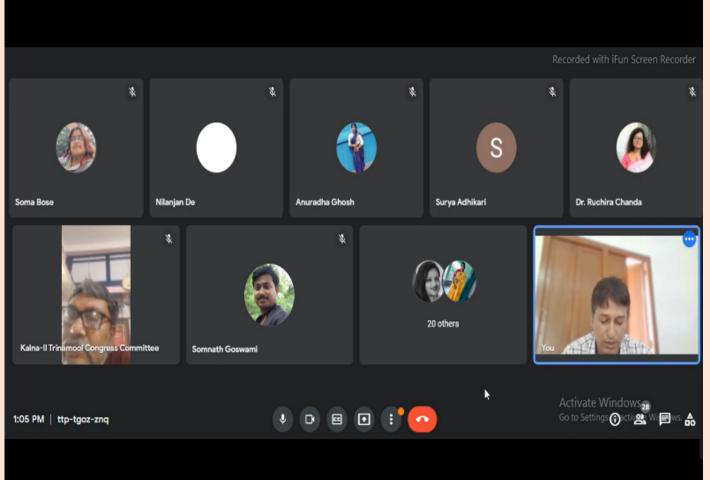
A webinar was organised on awareness and knowledge associated with Autism Spectrum Disorder among college students. The main speakers of the program were Smt. Soma Bose, Lecturer in Ramakrishna Vivekananda Mission, North24Parganas and Shri Somnath Goswami, Lecturer in Vivekananda Mission training Centre for Teachers. The program was organised by the IQAC of this college on 7th April 2022, via google meet platform. The brochure & some screenshots of the program are given below.











A blood donation camp was organized to commemorate late Shri Madanamohan Halder on 13.08.2022. Many participants donated blood and collected certificates.









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An awareness program organised to prevent Aids for students by the NSS Committee on 2nd september 2022. The Red Ribbon club gives financial assistance to conduct the program. The Honourable speakers of the program were Dr Pritam Das, Assistant Professor in Education & IQAC coordinator and Dr Anindya Mondal, Assistant professor of Mathematics & Secratatry of teachers council.



Red Ribbon Club



2022, FRIDAY

11:30 AM



An Awareness Programme to prevent HIV / AIDS

Chief Patron

Dr. Nilanjan De

Principal

Tehatta Sadananda Mahavidyalaya

Honourable Speakers

Dr. Pritam Das

Assistant Proffessor

Department of Education

Tehatta Sadananda Mahavidyalaya

Dr. Anindya Mandal

Assistant Proffessor

Department of Mathematics

Tehatta Sadananda Mahavidyalaya

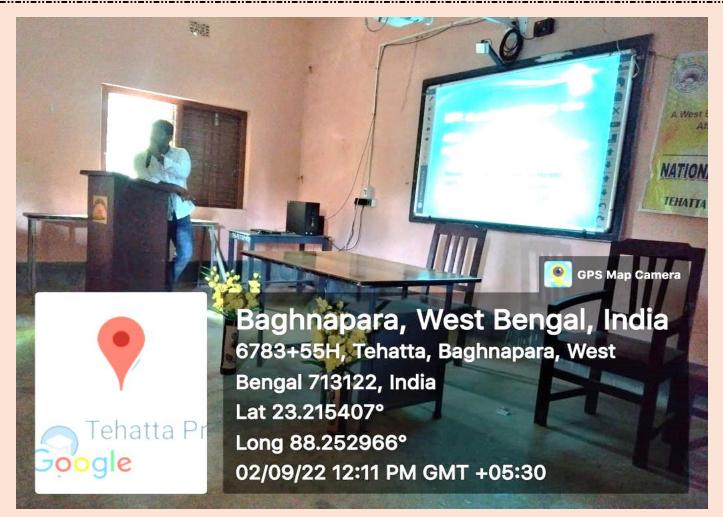
ORGANISED BY NSS UNIT 1 OF TEHATTA SADANANDA MAHAVIDYALAYA

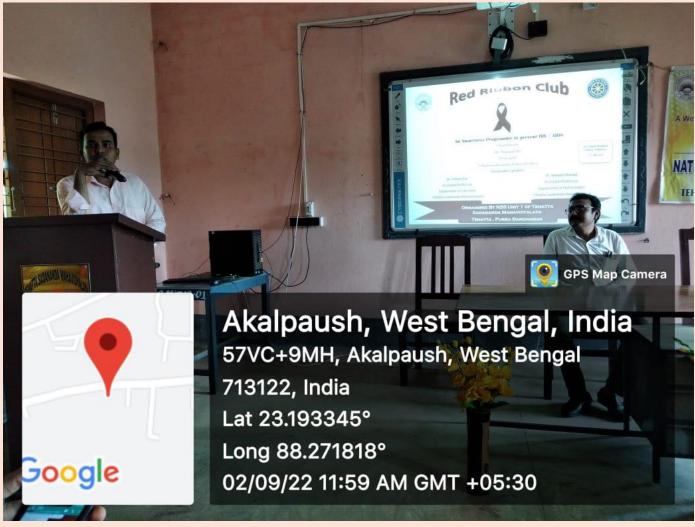
TEHATTA, PURBA BARDHAMAN

Baghnapara, West Bengal, India
6783+55H, Tehatta, Baghnapara, West
Bengal 713122, India
Lat 23.215412°
Long 88.252962°
02/09/22 12:03 PM GMT +05:30









Handmade Posters were sent by the students on the theme of Clean India Green India, Oct,2022













Cleaning the courtyard of the college was organized by the NSS volunteers of our college on 21.10.2022









A Women Safety & Self Defence Program was arranged on 14.12.2022 by the NSS Unit of this college. The main purpose of this program was to aware students about the importance of women safety and how female students defence themselves from a sudden attack.









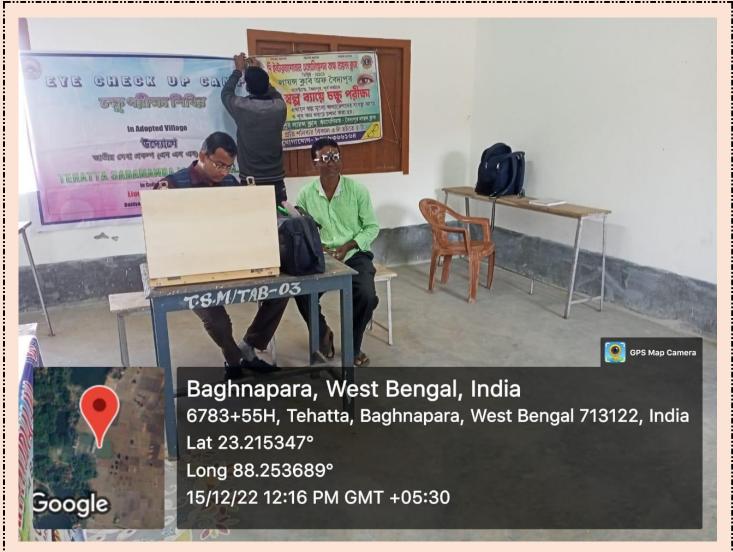


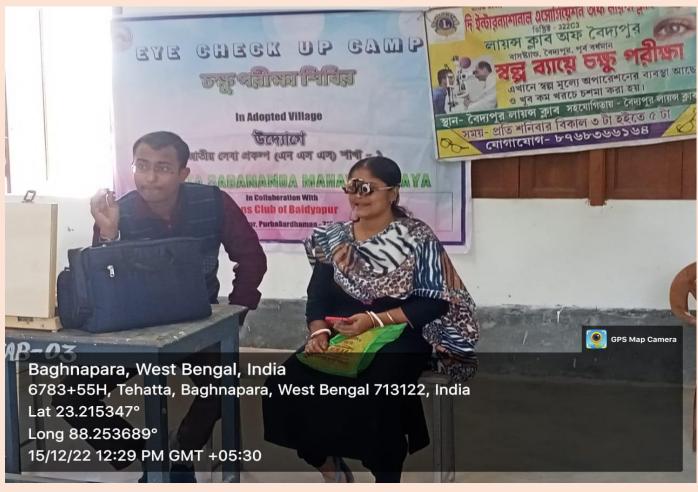


An eye check-up camp was organised on 15th December,2022 for both students & villagers of the adopted village Tehatta. This program was conducted by NSS Unit of the college in collaboration with the Lions of Baidyapur.













Dengue awareness camp was organised by the NSS Unit of the college in the adopted village on 15.12.2022. Some awareness messages on how to prevent the deadly disease dengue are disseminated among the villagers through leaflet distribution.

Dengue Awareness Campaign

in the adopted village

Date

16.12.2022

Friday at 11am

Main Speaker
Dr. Pritam Das
IQAC Coordinator, Assistant
Professor and Head of Education
Department
Tehatta Sadananda

Chief Patron

Dr. Nilanjan De

Principal

Tehatta Sadananda Mahavidyalaya

National Service Scheme unit-1 TEHATTA SADANANDA MAHAVIDYALAYA











Village cleaning campaign (17.12.2022)



CLEANING CAMPAIGN



IN THE ADOPTED VILLAGE



17TH DECEMBER, 2022 SATURDAY @ 11AM

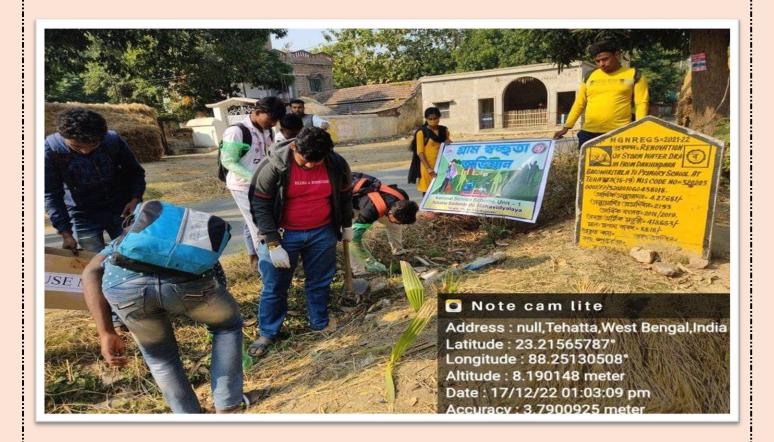


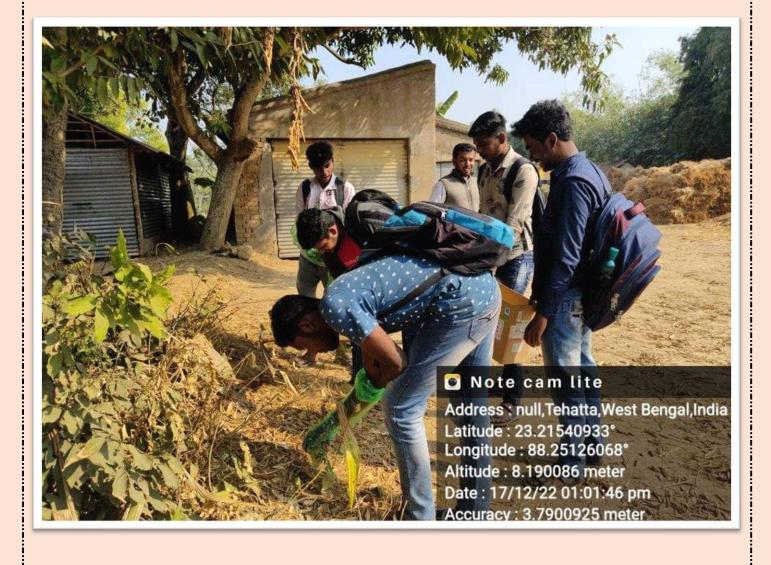
NATIONAL SERVICE SCHEME
UNIT -1

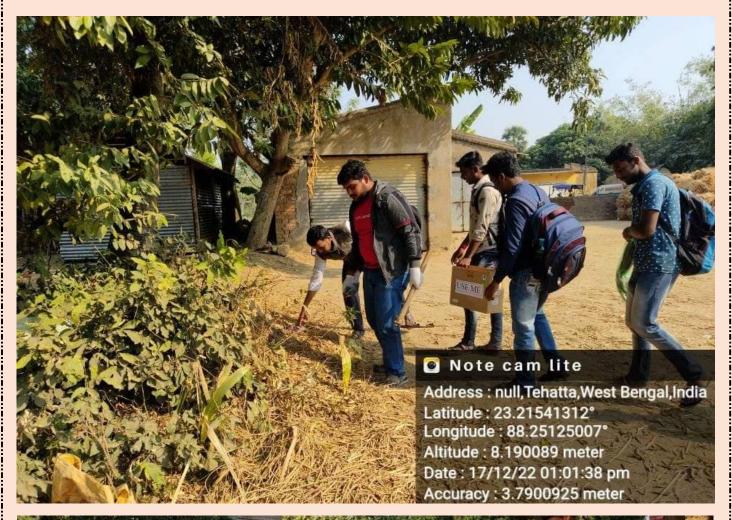
Programme Officer
Prof. Abu Toyab Sk.
Assistant Professor in History

TEHATTA SADANANDA MAHAVIDYALAYA

Tehatta, Purba Bardhaman









Cleaning Campaign of the college courtyard was also conducted by the NSS volunteers on 17.12.2022





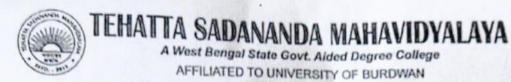












P.O.- TEHATTA * DIST.- PURBA BURDWAN * PIN- 713122

M.:- 9831278235 • E-mail: tehatta.sadananda.mahavidyalay@gmail.com • Website: www.collegetsm.in

Ref. No - TSM/Notice/Jan23/01

Date - 09/01/2023

Notice

All the female students of this college are hereby informed that an awareness camp on <u>Women Hygiene during Menstruation Period</u> will be held on 12th January. All female students are requested to attend the event.

বিজ্ঞপ্তি

এতদারা এই কলেজের সমস্ত মহিলা ছাত্রীদের জানানো যাচ্ছে যে আগামী 12ই জানুয়ারী মহিলাদের স্বাস্থ্যবিধি সম্পর্কে একটি সচেতনতা শিবির অনুষ্ঠিত হবে। উক্ত অনুষ্ঠানে সকল ছাত্রীদের উপস্থিত থাকার জন্য অনুরোধ করা যাচ্ছে।

Basanti Rani Bag

Convenor

Vishaka Committee

Dr Nilanjan De

Principal

Tehatta Sadananda Mahavidyalaya

Principal
Tehatta Sadananda Mahavidyalaya
Tehatta, Purba Bardhaman

Photographs









Annual sports competition was organized on 3rd February 2023 by the sports committee of the college. Many events were arranged for both male & female students. Teaching & non-teaching Staff of the college also participated in events assigned for them.



3RD FEBRUARY, 2023 FRIDAY FROM 10 AM

SPORTS GROUND RELATED TO OUR COLLEGE



PRESIDENT
SHRI PRANAB ROY
RENOWNED SOCIAL
WORKER

CONVENOR
PROF. ARUNIMA GUIN
PROF. ABU TOYAB SK
SPORTS COMMITTEE

CHIEF PATRON
DR NILANJAN DE
PRINCIPAL

TEHATTA SADANANDA MAHAVIDYALAYA













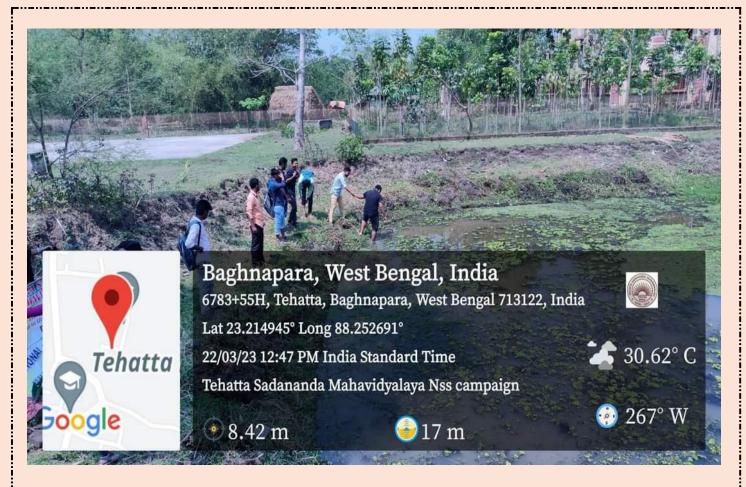




Pond cleaning campaign under Conservation & Monitoring of Pond Biodiversity (22.03.23) by the NSS Volunteers. Dr Anindya Mondal Described the importance of Pond Biodiversity conservation.









Thalassemia Awareness campaign was conducted in the adopted village (Tehatta village) by the NSS volunteers on 24/03/2023. Survey was conducted in the village followed by an awareness camp in the smart class room of the new building of our college.







THALASSEMIA AWARENESS CAMPAIGN



24TH MARCH, 2023, FRIDAY TIME 11 AM

Join our Facebook Page just click here

Main Speaker
DR PRITAM DAS
IQAC Coordinator,
Assistant Professor & HOD
of Education

Chief Patron
DR NILANJAN DE
Principal
Tehatta Sadananda
Mahavidyalaya

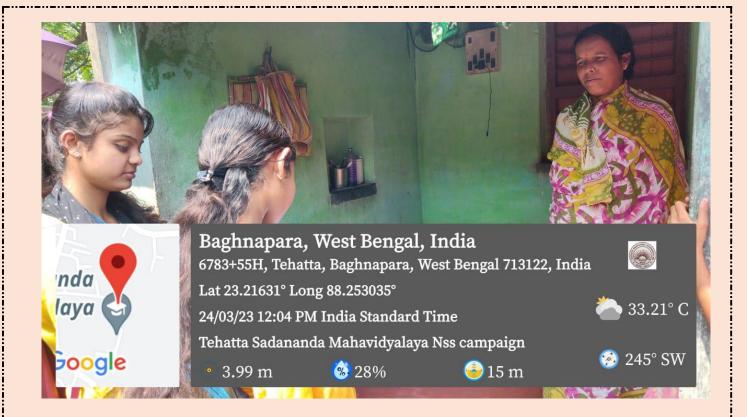
Coordinator
PROF ABU TOYAB SK.
Assistant Professor & HOD
of History & Program Officer
of NSS

ORGANIZED BY
NSS UNIT - 1
TEHATTA SADANANDA MAHAVIDYALAYA











International Day of Yoga was celebrated in the seminar hall on 21.06.2023. Arrangements were made by the NSS Unit of the college. The chief guest of the program was Mr. Sukumar Chakraborty, President of Patanjali yoga samiti of East Burdwan district. Students & staff practices yoga in the program.

Participate in MyGov Yoga Quiz Competition on Yoga by clicking the

https://quiz.mygov.in/quiz/internationalday-of-yoga-2023-quiz-2-0/

Rules

- After clicking the link Register yourself or log in to participate.
- After logging in click START QUIZ button. There are 10 question and you will get 7 minutes & 30 seconds to answer.
- You will be given a **certificate**, upload it on college NSS Group.



Integrate and Encourage Yoga through Life Pledge

Take a pledge to Integrate and Encourage Yoga through Life by clicking the Link -

https://pledge.mygov.in/integrate-yogalifestyle/

- Click the link
- Press Take Pledge Button
- Enter your Details
- Select Language
- · Read the Pledge
- Download your Certificate & Upload it on college NSS group

CELEBRATION 2023







Chief Patron Dr Nilanjan De Principal 21st June,2023 Wednessday at 11am Mahatma Gandhi Hall

Chief Guest
Mr Sukumar Chakraborty



NSS UNIT 1



TEHATTA SADANANDA MAHAVIDYALAYA









